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RECOVERY PROGRAM

A SUITE OF ON-DEMAND ADDICTION COURSES



TREATMENT, HEALING, & GROWTH FOR THE WHOLE HUMAN

The Ascent Recovery Program offers on-demand addiction recovery courses uniquely designed to educate practitioners and clients on the psychological, biological, and social dimensions of Substance Use Disorder (SUD) to accelerate treatment, recovery, and healing. Courses include:

The Basics of Neurobiology and Addiction, The Disease Model of Addiction, Life Beyond Addiction, and more.

THE PERSON-CENTRIC MODEL

The Ascent Program interprets through the lens of The Bio-Psycho-Social Model described by George Engel in 1977. The model attributes disease to: (1) biological factors, such as genetics and heritability, (2) psychological factors such as, mood, personality variables, and behavior, and (3) social factors, such as culture, family, and socioeconomics. The basics of neurobiology and how our brains are wired to learn and repeat behaviors to support survival. In this comprehensive program, you will learn about the limbic system and rewards system and how drug and alcohol addictions interacts with these neurobiological systems.

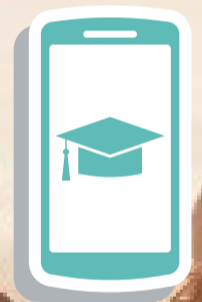


TRANSFORMATION & RESULTS

- Faster recovery journey for a healthier, happier you
- Increased confidence and motivation
- Understanding of the biological, social, and psychological causes of addiction
- Mindbody strength for a long-lasting recovery
- Life skills for a better quality of life beyond addiction

COMMUNITY-BASED ELEARNING APP

Easily access your elearning by downloading the Ascent mobile app or desktop computer to invest in your recovery on your own pace and time. Our goal is to grow our content library in conjunction with the growth in the recovery treatment community.



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